



Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Month: \_\_\_\_\_ EDC: \_\_\_\_\_ Meter: \_\_\_\_\_

Phone # (H): \_\_\_\_\_ Phone # (W): \_\_\_\_\_

Next Appointment: \_\_\_\_\_

MD (circle one): Dr. Chow Dr. Doeden Dr. Laedtke Dr. Mattison Dr. Ruegemer

Post Meal Testing (circle one): 1 hour 2 hours

OB MD: \_\_\_\_\_

## BLOOD GLUCOSE RECORD GDM / TYPE 1 / TYPE 2

DATE:	Urine Ketones	Insulin	BLOOD GLUCOSE			BLOOD GLUCOSE			BLOOD GLUCOSE			Bed Time	Comments
			Before Breakfast	After Breakfast	Insulin	Before Noon	After Noon	Insulin	Before Supper	After Supper	Insulin		

**Diabetes Medications:** \_\_\_\_\_

**Blood Glucose Parameters:**  
 Fasting Blood Sugar < 95    One Hour After Meal < 140    Two hours after meal < 120